



SLEEP IN ADULTS WORKSHOP
Thursday 12 March 2020
8:30am – 5:00pm
International Convention Centre Sydney

8:30am – 8:45am	Registration and introduction Stuart MacKay and Nicholas Stow
8:45am – 9:15am	Sleep clinical assessment: History and examination Leon Kitipornchai
9:15am – 9:45am	Awake and asleep assessment: DISE and “not DISE” and what I’ve learned Richard Lewis
9:45am – 10:15am	Interpreting the anatomy and phenotypes: My tips and what I use/do in practice B Tucker Woodson
10:15am – 10:45am	Interpreting the sleep study for surgeons: What I find helpful Stuart MacKay
10:45am – 11:15am	MORNING TEA
11:15am – 11:45am	Facilitatory/adjuvant treatments (A): Nasal therapies Nicholas Stow
11:45am – 12:15pm	Facilitatory/adjuvant treatments (B): Weight loss and positional therapies Nathan Hayward
12:15pm – 12:45pm	Mainstream treatments (A): CPAP and MAS therapy Lyndon Chan
12:45pm – 1:15pm	Mainstream treatments (B): Surgery B Tucker Woodson
1:15pm - 2:00pm	LUNCH
2:00pm – 2:30pm	The MDT in sleep care: Lessons from starting one from scratch Rachelle Love
2:30pm – 3:00pm	Nerve stimulation trends in sleep surgery Richard Lewis
3:00pm – 3:15pm	AFTERNOON TEA
3:15pm – 3:45pm	Combination and future therapies Stuart MacKay
3:45pm – 5:00pm	Panels - Small Group Teaching 15 minutes each with: <ol style="list-style-type: none"> 1. B Tucker Woodson / Julia Crawford 2. Richard Lewis / Rachelle Love 3. Stuart MacKay 4. Leon Kitipornchai / Lyndon Chan 5. Nicholas Stow / Nathan Hayward